

Child development - We

How to prepare for remote therapy

Organize your workspace



Family

Inform them and request a quiet environment



Phone

Should be muted/off, you can return to it after



Apps and messages

Using your computer?
Turn off push notifications



Electricity and communication

Batteries can die, unstable internet connection can be distracting



Lighting and background

Enough light,
"quiet" background



Please don't disturb

Sometimes,
it's necessary

Prepare yourself



Food, drinks, bathroom

Before you begin



A hot drink

You might need one if your voice becomes hoarse



Clothing

Choose something comfortable and "quiet", you should be the center of attention - not your clothes

Prepare the session



Camera and microphone

Make sure they're working



Relevant material for the session

Use your own, or choose from the material we have uploaded to our site



Get to know your patient

Collect the relevant information via our system and get to know your patient before the session begins